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— M A Q U O K E T A —

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■ **Eastern Iowa Bizzzy Bee**

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Due to a varying numbers of supplements purchased by our advertising customers for insertion in *The Maquoketa Sentinel-Press*, subscribers in some areas may not receive all the supplements listed.

PUBLIC NOTICES

- JC Sheriff Sale
- Household Finance Ind. Co. of Iowa vs. Thomas B. Lapke et al
- Midland M. Myatt probate
- Maquoketa School Board
- January 14, 2009 meeting
- Andrew School Board
- January 13, 2009 meeting
- ECIA
- Public Hearing
Passage Dev. Plan



Our public notices are also published on the web at:

<http://www.publicnoticeads.com/IA/search/searchnotice.asp>

Video games, cameras in use at hospital

Jackson County Region Health Center received a \$250 grant from Cargill AgHorizons in Dubuque to purchase a Nintendo Wii for the long-term and skilled care unit.

The hospital received an additional \$600 grant to purchase digital cameras, docking stations, cases, battery packs and chargers and photo paper for use throughout the hospital.

Why a Wii?

It sounds odd, yes, for the hospital to apply for and receive a grant for the video game system. But the system has physical and mental benefits beyond just playing the games.

Wii users hold a wireless controller and then move as if the character in the game. The video game character then mimics the action. For instance, someone playing the bowling game would hold the controller, and pull back then thrust forward that arm as if rolling an actual bowling ball. The on-screen character simulates the action and knocks down the appropriate pins shown on the screen.

JCRHC officials decided to use games of the Wii system as therapy for patients. Not only would there be more natural range of motion in the activities, but the users would also have more

interaction and socialization with fellow patients – also critical to recovery.

“(The Wii) is an alternative therapy for users,” said Pam Schoenthaler. “We’re just getting started really using the Wii with the bowling, so it’s too soon to tell exactly how well it’s working.”

The Maquoketa hospital is by no means the first hospital or extended care facility to incorporate the Nintendo Wii into its therapy regimen, but the system’s effectiveness is surprising just

the same. The system and its games – bowling, baseball, tennis, golf – are being used around the country.

Benefits include balance, arm movement, hand-eye coordination, range of motion, etc. Because residents or patients can play solo or against someone else, winning turns into a challenge and gets the competitive juices and endorphins flowing.

There are other forms of “Wiihabilitation” in medicine – helping patients recovering from strokes, broken bones, surgery and even combat injuries

As the Wii starts to gain in popularity throughout the hospital, the digital cameras are already high in demand.

“You see, we can’t even get the film for our old Polaroid anymore,” said Sandy Dietzel. “Now we’re saving money on film.”

“We can make our own scrapbooks, take photos at all the residents’ activities. We can take the photos and almost immediately give them to the families and the residents or hang them up on our family board,” Schoenthaler added.

“And we use it for ID purposes in OB. If a parent has to go home before the baby, we can give them a picture. Or for our sibling classes,” Dietzel continued.

All the new equipment is getting a workout.



MSP photo by Kelly Gerlach

Staff at Jackson County Regional Health Center can capture the various forms of “Wiihabilitation” with the aid of their new digital cameras. Shown with the new Nintendo Wii and camera equipment are, from left, Dave Spickerman of Cargill, Pam Schoenthaler and Sandy Dietzel. Not pictured is Dave Olson of Cargill.

Jackson County's New Year Baby born Jan. 16



Photos Contributed



Logan Michael John Clasen was the first baby born at Jackson County Regional Health Center in Maquoketa in 2009. Logan, son of Kristina Strohbehn and Marty Clasen of Maquoketa, was born Jan. 16 at 7:33 p.m. He weighed 7 pounds, 12 ounces and was 21 inches long. He was welcomed by older sister Jenna Strohbehn, 6.